

## Compressing Videos on Your Phone

There are lots of free apps available that will allow you to compress a video on your phone. The one I use is called Video Compress. On the app store it looks like this:



Download the app by pressing 'Get' (mine says Open because I already have it on my phone, but it will say Get there if you don't).

Once downloaded, open the app.

Click on the + sign to upload your video.

Choose the video you want to upload from your phone (I gave the app permission to access all photos and videos for simplicity).

You will be asked to choose your compression ratio. 50% is generally OK but if you want to make it even smaller just slide the scale to the left.

Now press the little download arrow in the top right corner. The video will be compressed and saved to your camera album.