



Lectio Divina

- Read your passage through, either aloud or in silence (or see if you can find a place on the web where you can listen to it being read to you). What word or phrase has particularly touched your heart or stood out to you?
- Now read the passage through again. Where does the word or phrase that has touched the heart also touch your life today?
- Read the passage through a final time. What do you feel Christ in the text is calling you to do or to become today or this week?
- Use the word or phrase as a basis for your prayers for yourself, those you love and the world.

