
Praying with the Imagination

Exercise

Take a passage from one of the gospels (maybe a parable or a favourite passage where there is some action). Then follow the steps below:

1. Read your chosen passage from your preferred Bible version
 2. Listen to your chosen passage being read by someone else, or make a recording of yourself reading it aloud, and play it back (most mobile phones have this facility, or you can listen on line eg with <https://www.biblica.com/bible/>)
 3. Choose one of the characters from the story, and listen again as if you were that character
 4. Listen for the final time noticing how you **feel**.
 5. Staying in character – how did Jesus show his care for those in the story? What difference do you think this made to them? What caring qualities can you identify?
 6. Coming back to yourself – reviewing the whole story answer those questions again, and notice any insight or challenge
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