

Pastoral Care Supervision Preparation Sheet

Adapted from Lamdin and Tilley, *Supporting New Ministers in the Local Church* (SPCK, 2007)

Before the discussion:

Date

I need help or a discussion with you about the following:

I'm having a problem with the following:

I'm planning to:

I've made progress in the following areas:

How happy am I feeling (from 1 [awful] to 10 [the happiest I've ever been]):

Please pray for me about the following: